

Spirit Hollow: Transforming Consciousness One Extraordinary Being at a Time
www.spirithollow.org

Soul Path Vision Fast, for Young Adults (17-24) Application and Statement of Intent

Please email completed application to Tracey Forest traceyforest@spirithollow.org

Put "Soul Path Vision Fast" in the subject line

Submit your \$200 non-refundable deposit at www.spirithollow.org (click registration button)

Name: _____

Date of Birth: _____ Gender Identification: _____ Occupation: _____

Address: _____ City: _____ State: _____

Email address: _____ Phone: _____

Sliding Scale Fee You Choose if Accepted (\$800-1200): _____

We trust that people are honest and will support Spirit Hollow and the guides with whatever they can afford.

Some partial scholarship funds are available. Please request an application if you need one.

Please answer the following questions:

1. What do you currently know about the deeper story you are called to live? What clues do you have to this deeper story (dreams, journeys, magical or numinous encounters, meetings with extraordinary others). What is gnawing at you, calling to you?
2. What is your greatest and deepest longing in your life right now? What are the deepest questions you find yourself pondering? What are the deepest mysteries that are guiding your life right now?
3. What are your biggest personal challenges or obstacles for you right now? What are the things that do not feel quite *right* in your life?
4. Keep in mind that you will be fasting alone in nature for three days and three nights, a challenging yet invigorating and deeply clarifying time for soul encounter. Why does this feel to you like the right time in your life to enact a vision fast?
5. Why are you seeking to enroll in the Soul Path Vision Fast at this point in your life? What about this offering is most alluring to you?
6. Do you have any physical challenges or limitations (we will be hiking for part of the time and exposing ourselves to the elements)?
7. Do you have any history of any emotional/mental/behavior struggles (or suicidal ideation or self harm)? Please describe. And also describe who your support people are (therapists, groups, friends, mentors, guides)
8. Are you currently taking any medications? Please list.

**If you are under age 18, you will need parental permission to enact this fast.*

