

## SPIRIT HOLLOW CAMPS 2019 REGISTRATION

**SPIRIT QUEST for KIDS** ages 7-12 (June 24-28) Day Camp w/ Thursday sleepover

**GODDESS CAMP** ages 8-11 (July 1-5) Day Camp w/ Thursday sleepover

**GODDESS CAMP** ages 12-16 (July 8-12) Overnight Camp

**WARRIOR CAMP** ages 8-12 (July 15-19) Day Camp w/ Thursday sleepover

**SPIRIT QUEST for TEENS** all genders ages 13-18 (July 22-27) Overnight camp.

**Day Camps** (Spirit Quest for Kids, Goddess Camp for 8-11 year olds and Warrior Camp for 8-12 year olds) start Monday at 8:45 am and run until 4 PM each day, except Thursday which will be an overnight, and ends on Friday at 3 PM.

**Overnight Camp** (Goddess Camp 12-16 year olds) has an 8am drop off on Monday and pick up on Friday at 3PM

**Teen Spirit Quest** has a Sunday evening arrival (6-7pm with pick up Sat. at noon)

• **Program Tuition is \$280 for Day Camps**

(Remember we provide daily snacks, arts and crafting materials and dinner on Thursday night as well as breakfast and lunch on Friday). **For day camps, please send a lunch Monday-Thursday.** Yes, we used to provide lunch for an additional fee but have decided to simplify this year.

• **Program Tuition for Goddess Overnight Camp) \$475**

• **Program Tuition for Teen Spirit Quest tuition is \$575 (if registered by June 1, early bird tuition is \$525**

For all overnight camps, **we ask all families to send food to help keep costs low (either a dish that's prepared or fixings for a meal)** 10% sibling discount is available; 10% discount on more than one week.

**Some partial scholarships available, contact Spirit Hollow for application.**

### A note about gender

While all of our camps are open to all genders, often girls gravitate naturally to Goddess Camps and boys to Warrior Camps. Our goal is to assist in the healing of our culture, not to 'segregate' or be gender essentialist. However, we find value and depth and a lack of self-consciousness in a 'circle of sisters' or a 'circle of brothers,' where young people feel a sense of freedom to share openly in a space held by mature adults. For example, although it is important for both boys and girls to learn about consent, it needs to be addressed in different ways for girls than it does for boys due to the toxic cultural norms we are attempting to transform.

By inviting girls to gather together with women, we create a safe container to explore their deep connection to the Ancient goddess cultures and reverence of the female, to talk about body image and break down "false beauty," cultivate the divine feminine, and discuss issue around their budding sexuality, self esteem, consent, and menstruation as well as teach them skills to be empowered and self sufficient, such as primitive skills, fire starting, and wild crafting.

By inviting boys gather together with men, we create a safe container to explore emotional intelligence, discuss what a true warrior is, explore budding sexuality, feel safe to express the full range of emotions and how to respect others' boundaries with the intent of releasing the lineage of unhealthy traditional "male" roles which are pushed on boys and young men from countless modern and historical sources, as well as teaching them skills to be empowered and self sufficient, as stated above.

**SPIRIT HOLLOW CAMP REGISTRATION 2019**

**Name of Camper:** \_\_\_\_\_

(Please fill out an entire form for each child.)

**Spirit Quest Kids**, (June 24-28) \$280 \$\_\_\_\_\_

**Total Program Cost =** \$\_\_\_\_\_

**Goddess Camp, DAY CAMP** (July 1-5) \$280 \$\_\_\_\_\_

**Total Program Cost =** \$\_\_\_\_\_

**Goddess Camp, OVERMINGHT** (July 9-13) \$475 \$\_\_\_\_\_  
\$\_\_\_\_\_

**Warrior Camp, DAY CAMP** (July 15-19) \$280 \$\_\_\_\_\_

**Spirit Quest-- Teens**, (July 22-27) \$575 Early bird \$525 by June1 \$\_\_\_\_\_

**Total Program Cost =** \$\_\_\_\_\_

**TOTAL ENCLOSED** \$\_\_\_\_\_

**AMOUNT STILL OWED** \$\_\_\_\_\_

**Please include a deposit (\$100) or payment in full** with your registration form by June 1  
**Payment in full is due on the first morning of camp or at the website through PayPal.**

**PLEASE SIGN AND SEND ALL FORMS WITH Check to:**

Spirit Hollow, 2509 Shaftsbury Hollow, N. Bennington, VT 05257 or you may pay online at  
[www.spirithollow.org](http://www.spirithollow.org) with a credit card (click Registration) Questions? 802-447-3895

**CAMPER INFORMATION FORM**

Camper's Name: \_\_\_\_\_

Address: \_\_\_\_\_

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Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Birth date: \_\_\_\_\_ Gender: \_\_\_\_\_

Emergency phone: \_\_\_\_\_

Previous Camp Experience:

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How did you learn about Spirit Hollow camps?

How does your child interact with other children individually or in a group?

Are there any circumstances in your child's environment that he/she is adapting to (new sibling, divorce, death of relative, etc.)?

What do you and your child wish to gain from this experience?

**Please sign below giving permission for Spirit Hollow to photograph your child**

**Signature of parent/guardian** \_\_\_\_\_  
(no signature means we will NOT photograph your child)

**May we use photos that include your child on our website or on future promotional materials for camp? YES NO (circle one)**

# SPIRIT QUEST MEDICAL INFORMATION

We follow preventative safety procedures.

Emergency contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to child: \_\_\_\_\_

Please list any medical conditions that your child has:

Please list any medications your child takes:

Please list any allergies that your child has.

What is done to treat the allergies?

**If your child is allergic to bees, she/he must bring a bee sting kit!**

Please list any special dietary needs (the Forests are vegetarian, so there will always be vegetarian options, though there will also be meat choices at lunch).

Does your child have any particular challenges (physically, mentally, emotionally)?

Is there anything else you would like the staff to know about your child?

## Waiver and Hold Harmless Agreement

The undersigned hereby grants permission for his/her child, \_\_\_\_\_, to participate in the sweat lodge (Teen Spirit Quest and Warrior Camps) and adventure-based games during Spirit Quest. The undersigned understands that sweat lodge is an ancient ceremony of physical and spiritual purification practiced around the world for thousands of years. This ceremony involves sitting on the ground in the dark for approximately one-two hours in a small primitive shelter while water is poured on hot rocks placed in a central hole in the shelter to create steam (much like a sauna). The undersigned acknowledges and accepts that while this ceremony will be conducted by trained professionals, any activity involving fire, steam, hot rocks and confined dark places will involve certain risks and thus the undersigned agrees to release and hold harmless Spirit Quest, their staff, Spirit Hollow, Inc., the Spirit Hollow Board of Directors, and their heirs and assigns now and forever from any claim arising from personal injury, loss, and/or damage to personal property during any Spirit Quest sweat lodge.

Likewise, campers will be participating in a variety of outdoor and nature-based activities, including hiking, crossing streams, climbing over rocks. The undersigned acknowledges and accepts that while such activities will be conducted by trained professionals, there are inherent risks involved and thus the undersigned agrees to release and hold harmless Spirit Quest, their staff, Spirit Hollow, Inc., the Spirit Hollow Board of Directors, and their heirs and assigns now and forever from any claim arising from personal injury, loss, and/or damage to personal property during the Spirit Quest program from the time of arrival at the land of the Spirit Hollow to the time of departure from this property.

**Signature of parent or legal guardian** \_\_\_\_\_

**Date of signature** \_\_\_\_\_

### Releases:

- I give the staff of Spirit Quest/Goddess Camp permission to treat my child in case of medical emergency and/or take him/her to the nearest hospital to receive treatment.
- I give the staff of Spirit Quest/Goddess Camp permission to transport my child if necessary as a part of the program or otherwise.

**Signature of parent or legal guardian** \_\_\_\_\_

**Date of signature** \_\_\_\_\_